INTERVIEWEE	Barbara Hogan
DATE OF INTERVIEW	April 14 <sup>th</sup> 2007
PLACE OF INTERVIEW	Johannesburg Central Police Station



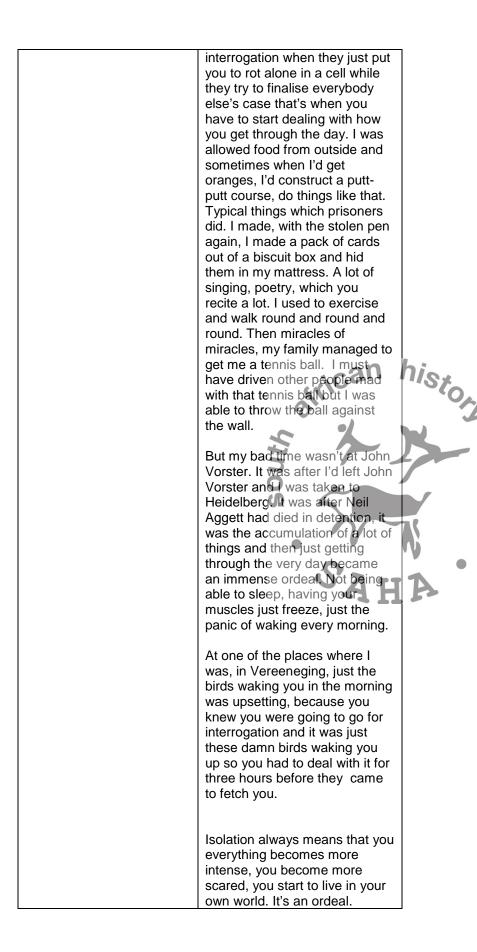
Question	Answer	
Could you introduce	My name is Barbara Hogan. I	
yourself and tell us when you were held here at John	was picked up on the 22 <sup>nd</sup> of September 1981 and I was	
Vorster Square?	here on and off until January	
	1982 .	
Could you please briefly	I was working underground of	
outline what your political	the ANC. I was working in the	
involvement was and the events that led to you being	political wing, not the military wing. Besides that I was	
brought to John Vorster	involved in organization,	
Square?	mobilization and all kinds of	
	other issues.	
	The Security Police had	
	cracked my network through a	
	double agent and so I was	
	picked up very early that	
How old were you at the	morning.	nist
time?	i must have been 20.	history
Before you were brought to	It wasn't a pleasant place. It	1
John Voster Square what	was a place of evil. A place	
did the name mean to you?	where dreadful things happened to people. I had	
	friends who'd been brought	0
	here who'd been carried out. It	5
	was well known, it was a place	i i
	where torture was carried out, and it was the centre for the	N O
	Security Police. It was a place	
	where there was no mercy and	•
	it was a place where, basically,	A
How did you feel when you	psychopaths hung out.	
were brought here and did	me up that I would come to	
you know that you were	John Vorster. John Vorster was	
coming here?	the primary place where they	
	brought people for interrogation	
	and I knew I'd be interrogated so I knew I'd be coming here.	
	so r knew ru be conning here.	
	When you make decisions to	
	join an illegal organization, it's	
	after a fairly long process so you are aware that being	
	arrested is a likelihood. So I	
	think you do quite a lot of	
	mental preparation and also a	
	fair number of people I knew	
	had bee detained so it wasn't as though it was a complete	
	surprise to me, coming to John	
	Vorster. It didn't come as a	

	shock.	
Do you remember your arrival at John Voster Square?	shock I was brought by Captain Cronwright, I don't know if you've heard about him, bragging that I was going to go to jail for so long and it was pretty hectic because they were trying to pick up a friend of mine and they hadn't found him at home. So it kept on going backwards and forwards on the airwaves, "Where is he?," they got him and so on. So that was quite stupid because they didn't think that I was listening. It didn't cross their minds that I was getting important information.	
		history archive
	I was picked up by Captain Cronwright who was bragging about how long I was going to be in jail for, if I didn't talk. <i>I</i> <i>don't know if you have about</i> <i>him?</i> Also, on our way they were trying to pick up a friend of mine who wasn't home and I could hear from the radio, and that was stupid of them, because I was getting important information.	
Were you taken to the cell or for interrogation? What was the character of that initial interrogation?	I was taken immediately for interrogation. I was under interrogation for a long time, from September through to more or less December and then I was taken	

Do you remember anything ins sensory terms about the building at all?	down to the Eastern Cape so I can't remember that first day of interrogation but I do remember that I was trying to protect a particular person who they'd been trying to pick up and so I wasn't revealing anything about his whereabouts because he was in the same ANC network as I was. So I was trying to not reveal anything and I remember it was very intensive. They kept me up at nigh. Very aggressive, very fierce, very threatening kind of interrogation. Those first three days. I have different memories: the interrogation rooms on the 10 <sup>th</sup> floor which had frosted glass halfway up and in rows, so quite often you could hear what was happening to the person next door. Although those were the more kind of "nomal" rooms. They were upstairs, sun came in, they had carpets and a desk and whatevel but it was a in a sense more menacing. I think that every prisoner will tell you that being in a cell is almost like your protection. Once that cell door is open then there is no protection. When you're in those interrogation rooms
	My sensory impression then was just the sounds of the interrogation room, because they picked up quite a few friends of mine, hearing friends of mine being interrogated, hearing people shuffling with chains because people were chained on their legs and hearing those chains going about, hearing people being hit. So that was one sensory impression.
	In my cell it was just the sense of calmness in the cell itself. Its audio mostly your sensory impressions because you don't

	have access to much. You can't see colour much, you can't see anything else. I remember hearing the call to prayer from the local mosque in the early morning and in the evenings and that was incredibly calming, just hearing those calls to prayer. Hearing the sounds outside also was very normal. Hearing the prostitutes teasing men downstairs in the road and all the kind of rich language that went on with that. But the endless clanging of doors and I think late at night, in later times when the interrogation was very fierce for many of us, you might not be able to sleep at night and you'd hear the doors that were the linkage doors between going up to interrogation of going back from interrogation and coming	history
	able to sleep at night and you'd hear the doors that were the linkage doors between going up to interrogation or going back from interrogation and coming back to your cells and staying awake to hear who was being kept at night and then clambering up and looking through the windows to see who was being interrogated and if they'd been tortured and what state they were in. Nighttime was often the time when nasty stuff was done so it was just waiting for the clanging of that door to see them. Other times hearing pigeons on the windowsills and their cooing and having this incredible acoustics of pigeons cooing. You'd cling to anything that was	history archivo
	outside because you were in solitary confinement and I was in solitary confinement for six months during my detention period so any form of life becomes important. I remember the cement chairs	
Do you remember anything specific about your cell?	in it. I remember they had a pipe system that was covered with steel of a kind. They allowed me a bible and I	
	was playing this cat and mouse	

	game with the Security Police, so I had to keep track of the	
	stories that I was telling them. When you're sitting twelve	
	hours under interrogation, you've gotta be sure that you	
	remember what you're telling them. I remember being able to	
	get a pen and tearing pages out of my bible and writing down	
	what I had done and then tying	
	it with pieces of cotton that I taken from my clothes and	
	putting it under the pipes so that I could retrieve it when I	
	needed to re-gather my thoughts.	
	I remember the walls around	
	the toilet, sitting on the top sometimes to try and look out.	bi.
	Sleeping on the floot. These are the memories of the cell.	history
Could you see anything outside?	I looked out to the east part of Johannesburg. I have a	2
	memory of being able to see a tree in the distance and of	<b>N O</b>
	course just the cityscape.	C
How else did you spend your time in isolation?	Initially when you're under interrogation you're taken up	
	every day, and I was also taken up on weekends, so it was	K O
	unremitting interrogation and being in isolation was actually a	
	relief because you were out of	A
	the domain of your <b>A I</b> interrogators.	
	Those first couple of weeks I	
	was able to sleep very deeply and had very, very vivid	
	dreams. So being on my own was an ordeal in a way	
	because you didn't have anyone to help you along, to	
	deal with the terror, to deal with	
	all those sorts of things but it wasn't bad because I wasn't	
	living in a space that you just saw all day and saw no one	
	else. I think I was more fortunate. In later times I just	
	lived in a cell all the time.	
	So during the interrogation period it's easier. After	



Did you have any kind of access with other people? You weren't able to communicate with anyone?	Finally all you have left is your body so you spend your time exercising that body, thinking about things. I was fortunate in that my family managed to smuggle in a pen and I was able to send out in my laundry, notes from John Vorster Square. So I was able to have some sort of communication with the outside, particularly after I was assaulted, I was able to send those messages out. No. Women were always in a difficult position because they were kept in separate sections from men and usually there were fewer women. I did have access, not to women who were in my trial but to Lillian Keagile who was detained at the same time as I was. We were able to talk over the passageway for a short period of time. Then a friend of mine, Hanchen Koornhoof was also arrested and I was able to shout down the passageway but they were obviously monitoring what I was saying and they'd take it out on you the next morning for communicating. But I wasn't able to communicate with many people.	history archive
Did you ever get a visit from the magistrate or district surgeon?	You see, it's complicated because I was in John Vorster for I think about two to three months and then I was taken to the Eastern Cape and then I was taken all over the place. I was six months in police cells and then a further seven months awaiting trial before I was sentenced. A magistrate never came to me at John Vorster but he came to me in Heidelberg where I was able to report being assaulted but never at John Vorster.	
	I was taken about once every two weeks to see a district	

11 P.1.4 P.1.	surgeon.	
How did those visits work?	The district surgeon had offices	
	in Harrison street so they'd take	
	you by police van or private	
	Security police car.	
	There was one period where	
	they had assaulted me very	
	badly and I had started	
	bleeding internally and they'd	
	forgotten that I had to see the	
	district surgeon the next day	
	and I was all bruised and pretty	
	badly beaten up. They had to	
	take me to the district surgeon	
	but before I left, as I was getting	
	into the car, they said to me, "If you tell him that you were	
	assaulted, we'll kill you." They	
	come with me to the district	
	surgeon and then insisted on	
	sitting in on the consultation.	1/94
	When he saw me he said, "	history
	What the hell has happened to	
	you?" and I was just too	
	terrified, I just started crying	60
	and I just said, "Nothing," The	
	Security Police wanted to stay	0
	and he chased them out and he	5
	said to me,"What happened?"	
	and I said, "I was assaulted."	
	He then took my pulse and	
	everything and he was afraid I	
	was going to have a heart	•
	attack and I was then put on	A
	sedatives. He then demanded	5-
	to see me everyday for ten	
	days. I was one of the fortunate	
	people. I think it was because he saw me immediately after	
	the assault that he felt if he	
	didn't take action he himself	
	could be compromised. He sent	
	a report to Security Police	
	headquarters in Pretoria and	
	then demanded to see me	
	everyday because he thought I	
	was at risk. The Security Police	
	then laid off me for those ten	
	days but then on the last day,	
	after I'd seen him, they then	
	packed me up and took me off	
	to Vereeniging so that I	
	wouldn't be under his	
	jurisdiction so that they could	
	then start again with the	

		1
	assaults under a district surgeon who wouldn't protect me in anyway.	
Were you taken to showers and exercise?	I was never taken for exercise. I was taken sometimes for morning showers when I was under interrogation but there were times particularly around December, during Christmas time, when they just forgot about us. They were off having their own fun, their own braais and so there was a whole long period where we were never taken for showers or anything.	
	The cells were pretty filthy and my family made a huge fuss about the filth in the cell and my clothes. So they brought in people to clean it. But I was never taken out for exercise or anything like that; it wasn't part of the routine.	history
Besides your family did you have access to anyone on the outside?	I wasn't allowed access to my family. The Detainees' Parents Support Committee started at that time so they were linked into a network of people who were fighting to give me access to food and clothes So it was indirect contact. They could send me food in, stuff like yogurt, biscuits and fruit. They managed to get the inside of a ballpoint pen into the hem of a towel and they managed to put in a needle, a sewing needle. I used to examine everything that I got from them and then I found that and on the basis of that I could construct short notes on pieces of toilet paper to them and they could write back to me and I used my hair as a thread so my sister just looked for anything on my clothes that had a seam that was sewn with hair.	archive
	I was allowed a visit for the first time in December with my	

father and my stepmother who	
was Afrikaans and a strong	
Nationalist supporter, so politics	
had always been very difficult in	
our family. I didn't know I was	
getting a visit, I was brought up	
to the interrogation room and	
suddenly I heard my parents'	
voices and I was quite freaked,	
wondering what was going to	
happen, and she was amazing.	
She walked in and she said,	
"Barbara, do you know what	
your rights are? You can write	
to the minister, the magistrate's	
supposed to have seen you,"	
she was totally in control. And	
that was through the work of	
the Detainees' Parents Support	
Committee. It was bringing	
parents on board and saying,	Story
"Your children aren't these evil	St
people, they need protection."	·0
She was amazing, she gave	1
evidence in mitigation in court	
for me, she faced enormous	0
community disapproval but she	
stood by me all the time.	0
The only other time, later on,	2
that I was allowed a visit was	~
when I was in Heidelberg. It	Ø
was the morning that they had	
found Neil Aggett's body and I	
was then allowed a visit with my	-
family. I knew someone had	
died in detention because a	
newspaper van had driven past	
with the headlines on it saying	
that a detainee had died in	
detention. From the	
conversation amongst the	
Security Police I was able to	
deduct that it had been a trade	
unionist and I immediately	
suspected Neil and as I walked	
into the interview room, my	
sister, she was very smart,	
said, "Have you heard about	
Neil?" and so I knew it was Neil.	
They allowed me one other visit	
on my birthday but at that time I	
was just gone. I'd been having	
nightmares, I wasn't able to	
sleep, they'd had to take me for	

	heavy sedation so when I	
	arrived there I was completely	
	not there so I just have a very	
	vague memory of that visit.	
Did you ever see Aggett	I had been taken to the Eastern	
during his time in	Cape for interrogation and I	
detention?	was brought back here briefly	
	over the December period and	
	as I came in, Neil crossed my	
	path. We were at a sort of	
	reception area for the cells and	
	Neil walked past me. I noticed	
	that he had a scratch on his	
	arm and that it was bleeding but	
	he saw me and he was all	
	delighted and he gave me this	
	huge smile and lifted his arms	
	and said, "Amandla, amandla	
	Barbara," and he was really	
	supportive. I was able to work	
	out later that that was the day	
	out later that that was the day they started really beating him up. It coincided with the day that I saw him. In retrospect, it's always been quite important for	
	up. It coincided with the day	
	that I saw him. In retrospect, it's	Z
	always been guite important for	
	me to have had that moment	0
	with Neil because I never saw	-
	him again and of course I	C
	couldn't go to his funeral, I was	
	in detention then.	
Were you ever read or told	Nothing. No. You were kept	5
what your rights were whilst	away from everybody and	Ø
in detention?	everything. There were no	
	regulations.	
	You were basically in their	
	hands; there were no rules of	
	the games with them. They	
	sneered at anything legal.	
	In later times when I was able, I	
	laid charges of assault against	
	them and the case came to	
	court while I was awaiting trial	
	for my major case. They then	
	submitted a document, which	
	had been drawn up about	
	detainees' rights, that they said	
	they had found in my	
	possession and they then said	
	that, on the basis of that, I knew	
	what my rights were and I	
	could've demanded to see a	
	magistrate etc. It was all	
	nonsense because the	
	document that was shown in	

	court was published after I'd	
	been detained.	
	However I had made sure that I	
	did understand the rules of	
	interrogation. In terms of not	
	incriminating yourself, I had	
	spent time preparing myself	
	around that and that was what	
	infuriated them. I gave advice to	
	Hanchen when they were	
	wanting her to sign things and I	
	said, "Don't sign anything."	
	There was a whole patriarchal	
	thing going on there and I think	
	they really hated me and	
	detested me in certain ways.	
	They kept on saying that I took	
	control of the interrogation	
	situation. But there was no	hia
	thing of "These are the rules,	152
	this is what you're entitled to," it was just, "You behave or else	
	was just, "Fou behave of else we'll kill you."	history
	we in kin you.	
When you were at John	In the initial interrogation I was	
Voster were you always	taken by two Railways	0
taken by the same process	policewomen. They would take	5
from your cell to	me for a shower and then they	l i
interrogation?	would take me up for interrogation. They were	
	present in the room during one	
	of the assault periods and then	•
	they were taken out of the	1
	room. When I started bleeding,	5
	they were brought in to take me	
	to the toilet and they were	
	completely shocked. I think they	
	believed that they wouldn't	
	assault a White woman so for them it was terrible and they	
	had divided loyalties. The next	
	day, the one woman came into	
	my cell and said, "I want to tell	
	you l've resigned. I'm pregnant	
	and if my child is a daughter,	
	I'm going to name her after	
	you." I think this gives you an	
	idea of how people related to a	
	white person in detention. Suddenly it became real, it	
	wasn't just a black person who	
	there was a certain amount of	
	distance from. They were also	
	from the Railway Police not the	

	Security Police and they were quite contemptuous of the Security Police as where most other divisions of the Police. The other woman came to me and she said, "I want to ask you one favour. Please never mention me if you lay a charge because my husband's family are all in the police and if I have to give evidence, it would ruin my marriage." After that I was handed over to a bunch of far nastier women, pretty vicious, very cruel. That was for the rest of the time.
Were there specific people	For the most part yes. People
who were always involved	were brought in from the
with your interrogation?	Eastern Cape because they were trying to link me to the Eastern Cape. But most of the time it was basically Prince, Deetleefs and Cronwright organizing them.
	Eastern Cape. But most of the
	time it was basically Prince,
	Deetleefs and Cronwright
What were they like?	organizing them. Prince was mad, he was
What were they like:	bosbevok, he'd been on the
	border, he was just mad. You
	could see it in his eyes. His
	eyes used to range all over the place. I think you reach a stage
	where you know that some
	people have crossed a terrible
	line. Everyone did terrible things here but there's some
	that just cross a terrible line.
	Prince was once of them. You
	knew he would stop at nothing.
	He was mad for finding
	commies under every bed and seeing you as the devil
	incarnate and he had no way of
	managing and he hated you. If
	he could kill you he would kill
	you. It was that kind of thing.
	There was Struwig as well who
	was equally a person who'd
	crossed the line. Huge man,
	vicious. There were cases with him that George Bizos can talk
	about where he had sat on
	detainees and pulled out their
	teeth with pliers. He was that
	kind of man. Just no nuance.

Deetleefs was not so heavy	
physically but he was a smarter	
interrogator. I think most people	
would say that he was a	
smarter interrogator.	
Smarter interrogator.	
The problem was with my case	
is they had intercepted a	
document which I had fielded to	
the ANC which had spelt out all	
my ANC underground work. I	
had written a document spelling	
out everything; I'd even	
attached a list of names, at the	
request of the ANC, of the	
people that I worked with. So	
there was nothing. They could	
have literally taken that	
document and taken me to	
court and incriminated me but	
they were so used to dealing	
they were so used to dealing with military cases where they had to try and find out the networks, the cells, the munitions dumps, all of those	
had to try and find out the	A.
networks, the cells, the	L
kind of things that they were	0
used to beating people to a	K
pulp.	0
They were under the	
impression that they'd hit a	<
major ANC underground	Ø
network, which they hadn't. So	
the terror was firstly that you	
knew you were dealing with	
some deeply psychotic people	
but secondly, that they could	
beat you to a pulp for	
information that you simply did	
not have. You got into bizarre	
situations where you could see	
that they simply did not believe	
you. You'd give a piece of	
information and you could see	
Deetleefs panicking, could he	
trust this or couldn't trust this?	
I think what made it worse in	
my situation was in those first	
couple of days when I was	
protecting people so that they	
could get out of the country	
while the going was good, I led	
them a merry path. I pretended	
to be this little girl who had just	
fallen apart at the seams and	

r		1
	crying. They'd given me	
	Kentucky Fried Chicken and ice	
	cream and wrung out of me the	
	name of a person. I gave them	
	the name of this person who I	
	knew to be abroad, who I had	
	no contact with or anything. So	
	they thought I'd given them the	
	name of the kingpin. They were	
	delighted, they thought they'd	
	cracked me in three days and	
	they were absolutely over the	
	moon. Then when they came to	
	arrest the people, the truth	
	suddenly came out and they	
	realized how much they'd been	
	manipulated. The other security	
	policemen down the passage	
	were mocking them and saying,	
	"In three days she's got you in a	
	mess," and they hated me for	h:
	that, they really hated me for	US*
	that. So there was an	history
	unmitigated, releastless thing	
	towards me.	
	So you knew finally that you	
	were dealing with madmen and	Ó
	you also knew that people had	
	died because madmen didn't	
	know what they were doing.	5
	To give you an example of the	
	extent of the terror that you	•
	finally find yourself, Dried to	1
	commit suicide at one stage. In	5
	fact it was the day before they	
	took me to Vereeniging when I	
	knew that they were going to	
	take me out of the jurisdiction of	
	this district surgeon. I knew that	
	I would be beaten up elsewhere	
	and I knew that I had nothing	
	more to say and it was this	
	terrifying notion that they could	
	kill you for nothing further that	
	they had to say. By that stage,	
	when you'd been interrogation	
	for six or seven weeks,	
	everyday and all day and the	
	real nasties had started I just	
	lost all sense of proportion. I	
	know now why people commit	
	suicide. For me it was	
	absolutely clear, this was my	
	way out. I stole tablets without	
	, ,	1

them knowing it. I first tried to cut my wrists by sharpening the end of my toothpaste tube, you know it's made out of aluminum, and that wasn't strong enough to get to my vein. I'd tied a thing around my neck, very tight, and at that stage, it was after the assaults, they'd been forced to give me a bed because of the district surgeon. So I had a bed with iron bars at the back and I tied whatever I'd tied around my neck to the iron bars so that I would'n t be able to release myself. So I was virtually choking and I hoped then that I would suffocate myself while being under sedation. The next morning I woke up and I was alive so I must have maneded to rip the thing of ny neck. That was the lowest moment in my life. I knew what I was going in for and I was and I knew tubey hated me and I was suffering the consequences of isolation. So they took me off to Vereneeging and I was stitling in the car and Prema Neidoo, a friend of mine who vent through worse assauts, had the same thought, thinking i I managed to get hold of the steering wheel would I be able to kill all of us? So I arrived at Vereeniging and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kep it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with some Om and there were		
end of my toothpaste tube, you know it's made out of aluminum, and that wasn't strong enough to get to my vein. I'd tied a thing around my neck, very tight, and at that stage, it was after the assaults, they'd been forced to give me a bed because of the district surgeon. So I had a bed with iron bars at the back and I tied whatever I'd tied around my neck to the iron bars so that I wouldn't be able to release myself. So I was virtually choking and I hoped then that I would alfocate myself while being under sedation. The next morning I woke up and I was alive so I must have changed to rip the thing offruv neck. That was the lowest moment in my life. I knew what I was going in for and I knew what have and I was suffering the consequences of isolation. So they took me off to Vereneeging and I was stirting in the car and Prema Neidoo, a friend of mine whowant through worse assaults that the same thought, thinking if I managed to get hold of the steering wheel would I be able to kill all of us? So I arrived at Vereeniging and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		•
know it's made out of aluminum, and that wasn't strong enough to get to my vein. I'd tied a thing around my neck, very tight, and at that stage, it was after the assaults, they'd been forced to give me a bed because of the district surgeon. So I had a bed with iron bars at the back and I tied whatever I'd tied around my neck to the iron bars so that I wouldn't be able to release myself. So I was vitually choking and I hoped then that I wouldn't be able to release more all vessel while being under sedation. The next morning I woke up and I was alive so I must have, chared to rip the thing officity neck. That was the lowest moment in my life. I knew what I was going in for and I theew how vulnerable Livas and I knew they hated me and I was suffering the consequences of isolation. So they took me off to Vereneging and I was saturds that the same thought, thinking i I managed to get hold of the steering wheel would I be able to kill all of us? So I arrived at Vereneing and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		
<ul> <li>aluminum, and that wasn't strong enough to get to my vein. 'I'd tied a thing around my neck, very tight, and at that stage, it was after the assaults, they'd been forced to give me a bed because of the district surgeon. So I had a bed with iron bars at the back and I tied whatever I'd tied around my neck to the iron bars so that I wouldn't be able to release myself. So I was virtually choking and I hoped then that I would suffocate myself while being under sedation. The next morring I woke up and I was alive so I must have managed to rip the thing of they neck. That was the lowest moment in my life. I knew what I was going in for and I was and I knew how vulnerable Lvas and I knew they hated me and I was suffering the consequences of isolation.</li> <li>So they took me off to Vereneeging and I was salting in the car and Prema Naidoo, a friend of mine whowent through worse assaults. That the steering wheel would I be able to kill all of us? So I arrived at Vereenigning and I was using in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morring. They left me with</li> </ul>		
strong enough to get to my vein. I'd tied a thing around my neck, very tight, and at that stage, it was after the assaults, they'd been forced to give me a bed because of the district surgeon. So I had a bed with iron bars at the back and I tied whatever I'd tied around my neck to the iron bars so that I wouldn't be able to release myself. So I was virtually choking and I hoped then that I would sufficate myself while being under sedation. The next morning I woke up and I was alive so I must have managed to rip the thing off uv meck. That was the lowest moment in my life. I knew what I was going in for and I knew they hated me and I was suffering the consequences of isolation. So they took me off to Vereneeging and I was studing in the car and Prema Naidoo, a friend of mine who want through worse assaults, had the steering wheel would I be able to kill all of us? So I arrived at Vereeneiging and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		
<ul> <li>vein. I'd tied a thing around my neck, very tight, and at that stage, it was after the assaults, they'd been forced to give me a bed because of the district surgeon. So I had a bed with iron bars at the back and I tied whatever I'd tied around my neck to the iron bars so that I wouldn't be able to release myself. So I was virtually choking and I hoped then that I would suffocate myself while being under sedation. The next morning I woke up and I was alive so I must have managed to rip the thing of they neck. That was the lowest moment in my life. I knew what I weat going in for and I thew how vulnerable twas and I knew they hated me and I was suffering the consequences of isolation.</li> <li>So they took me off to Vereneeging and I was sitting in the car and Prema Naidoo, a friend of mine who want through worse assaults thad the steering wheel would I be able to kill all of us? So I arrived at Vereeniging and I was walking in I saw two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with</li> </ul>		
<ul> <li>neck, very tight, and at that stage, it was after the assaults, they'd been forced to give me a bed because of the district surgeon. So I had a bed with iron bars at the back and I tied whatever I'd tied around my neck to the iron bars so that I wouldn't be able to release myself. So I was virtually choking and I hoped then that I would suffoctare myself while being under sedation. The next morning I woke up and I was alive so I must have ranged to rip the thing officient officient</li></ul>		
<ul> <li>stage, it was after the assaults, they'd been forced to give me a bed because of the district surgeon. So I had a bed with iron bars at the back and I tied whatever I'd tied around my neck to the iron bars so that I wouldn't be able to release myself. So I was virtually choking and I hoped then that I would suffocate myself while being under sedation. The next morning I woke up and I was alive so I must have named to rip the thing offnu neck. That was the lowest moment in my life. I knew what I was going in for and I was and I knew how vulnerable Lvas and I knew they hated me and I was suffering the consequences of isolation.</li> <li>So they took me off to Vereneging and I was saults, had the steering wheel would I be able to kill all of us? So I arrived at Vereeniging and I was walking in I saw two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with</li> </ul>		•
<ul> <li>they'd been forced to give me a bed because of the district surgeon. So I had a bed with iron bars at the back and I tied whatever I'd tied around my neck to the iron bars so that I wouldn't be able to release myself. So I was virtually choking and I hoped then that I would suffocate myself while being under sedation. The next morning I woke up and I was alive so I must have maneged to rip the thing off nu neck. That was the lowest moment in my life. I knew what I was going in for and I knew they hated me and I was suffering the consequences of isolation.</li> <li>So they took me off to Vereneeging and I was sitting in the car and Prema Neidoo, a friend of mine who vent through worse assaults, that the same thought, thinking i I managed to get hold of the steering wheel would I be able to kill all of us? So I arrived at Vereeniging and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with</li> </ul>		
<ul> <li>bed because of the district surgeon. So I had a bed with iron bars at the back and I tied whatever I'd tied around my neck to the iron bars so that I wouldn't be able to release myself. So I was virtually choking and I hoped then that I would suffocate myself while being under sedation. The next morning I woke up and I was alive so I must have managed to rip the thing off my heck. That was the lowest moment in my life. I knew what I was going in for and I knew they hated me and I was suffering the consequences of isolation.</li> <li>So they took me off to Vereneeging and I was sitting in the car and Prema Neidoo, a friend of mine who went through worke assaults, had the same thought, thinking if I managed to get hold of the steering wheel would I be able to kill all of us? So I arrived at Vereenging and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with</li> </ul>		
<ul> <li>surgeon. So I had a bed with iron bars at the back and I tied whatever I'd tied around my neck to the iron bars so that I wouldn't be able to release myself. So I was virtually choking and I hoped then that I would suffocate myself while being under sedation. The next morning I woke up and I was alive so I must have naneged to rip the thing off my heck. That was the lowest moment in my life. I knew what I was going in for and I knew how vulnerable I was and I knew they hated me and I was suffering the consequences of isolation.</li> <li>So they took me off to Vereneeging and I was sitting in the car and Prema Naidoo, a friend of mine who word a friend of mine who word through worse assaults had the same thought, thinking if I managed to get hold of the steering wheel would I be able to kill all of us? So I arrived at Vereeniging and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with</li> </ul>		
iron bars at the back and I tied whatever I'd tied around my neck to the iron bars so that I wouldn't be able to release myself. So I was virtually choking and I hoped then that I would suffocate myself while being under sedation. The next morning I woke up and I was alive so I must have run areged to rip the thing off my heck. That was the lowest moment in my life. I knew what I was going in for and I thew how vulnerable I was and I knew they hated me and I was suffering the consequences of isolation. So they took me off to Vereneeging and I was sitting in the car and Prema Naidoo, a friend of mine who went through worse assaults, hat the same thought, thinking i I managed to get hold of the steering wheel would I be able to kill all of us? So I arrived at Vereeneiging and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		
<ul> <li>neck to the iron bars so that I wouldn't be able to release myself. So I was virtually choking and I hoped then that I would suffocate myself while being under sedation. The next morning I woke up and I was alive so I must have maneged to rip the thing offrwyneck. That was the lowest moment in my life. I knew what I was going in for and I knew how vulnerable I was and I knew they hated me and I was suffering the consequences of isolation.</li> <li>So they took me off to Vereneeging and I was stitting in the car and Prema Naidoo, a friend of mine whowant through worse assaults had the same thought, thinking if I managed to get hold of the steering wheel would I be able to kill all of us? So I arrived at Vereeniging and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with</li> </ul>		5
<ul> <li>neck to the iron bars so that I wouldn't be able to release myself. So I was virtually choking and I hoped then that I would suffocate myself while being under sedation. The next morning I woke up and I was alive so I must have maneged to rip the thing offrwyneck. That was the lowest moment in my life. I knew what I was going in for and I knew how vulnerable I was and I knew they hated me and I was suffering the consequences of isolation.</li> <li>So they took me off to Vereneeging and I was stitting in the car and Prema Naidoo, a friend of mine whowant through worse assaults had the same thought, thinking if I managed to get hold of the steering wheel would I be able to kill all of us? So I arrived at Vereeniging and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with</li> </ul>		whatever I'd tied around my
<ul> <li>myself. So I was virtually choking and I hoped then that I would suffocate myself while being under sedation. The next morning I woke up and I was alive so I must have raneged to rip the thing often/ neck. That was the loves's moment in my life. I knew what I was going in for and I thew how vulnerable I was and I knew they hated me and I was suffering the consequences of isolation.</li> <li>So they took me off to Vereneeging and I was sitting in the car and Prema Naidoo, a friend of mine who went through worse assaults had the same thought, thinking if I managed to get hold of the steering wheel would I be able to kill all of us? So I arrived at Vereeniging and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with</li> </ul>		
choking and I hoped then that I would suffocate myself while being under sedation. The next morning I woke up and I wag alive so I must have managed to rip the thing of my neck. That was the lovest moment in my life. I knew what I was going in for and I thew how vulnerable I was and I knew they hated me and I was suffering the consequences of isolation. So they took me off to Vereneeging and I was sliting in the car and Prema Naidoo, a friend of mine who went through worse assaults had the same thought, thinking if I managed to get hold of the steering wheel would I be able to kill all of us? So I arrived at Vereeniging and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		wouldn't be able to release
<ul> <li>would suffocate myself while being under sedation. The next morning I woke up and I was alive so I must have named to rip the thing offeny neck. That was the lowest moment in my life. I knew what I was going in for and I knew how vulnerable I was and I knew they hated me and I was suffering the consequences of isolation.</li> <li>So they took me off to Vereneeging and I was sitting in the car and Prema Naidoo, a friend of mine who wont through worse assaults had the same thought, thinking if I managed to get hold of the steering wheel would I be able to kill all of us? So I arrived at Vereeniging and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with</li> </ul>		
being under sedation. The next morning I woke up and I was alive so I must have managed to rip the thing of my neck. That was the lowest moment in my life. I knew what I was going in for and I knew they hated me and I knew they hated me and I was suffering the consequences of isolation. So they took me off to Vereneeging and I was sitting in the car and Prema Naidoo, a friend of mine who went through worse assaults, had the same thought, thinking if I managed to get hold of the steering wheel would I be able to kill all of us? So I arrived at Vereeniging and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		•
<ul> <li>morning I woke up and I was alive so I must have managed to rip the thing off my neck. That was the lowest moment in my life. I knew what I was going in for and I knew how vulnerable I was and I knew they hated me and I was suffering the consequences of isolation.</li> <li>So they took me off to Vereneeging and I was sitting in the car and Prema Naidoo, a friend of mine who went through worse assaults, had the same thought, thinking if I managed to get hold of the steering wheel would I be able to kill all of us? So I arrived at Vereeniging and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with</li> </ul>		
vulnerable bwas and I knew they hated me and I was suffering the consequences of isolation. So they took me off to Vereneeging and I was sitting in the car and Prema Naidoo, a friend of mine who went through worse assaults, had the same thought, thinking if I managed to get hold of the steering wheel would I be able to kill all of us? So I arrived at Vereeniging and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		being under sedation. The next
vulnerable bwas and I knew they hated me and I was suffering the consequences of isolation. So they took me off to Vereneeging and I was sitting in the car and Prema Naidoo, a friend of mine who went through worse assaults, had the same thought, thinking if I managed to get hold of the steering wheel would I be able to kill all of us? So I arrived at Vereeniging and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		morning I woke up and I was
vulnerable bwas and I knew they hated me and I was suffering the consequences of isolation. So they took me off to Vereneeging and I was sitting in the car and Prema Naidoo, a friend of mine who went through worse assaults, had the same thought, thinking if I managed to get hold of the steering wheel would I be able to kill all of us? So I arrived at Vereeniging and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		alive so I must have managed
vulnerable bwas and I knew they hated me and I was suffering the consequences of isolation. So they took me off to Vereneeging and I was sitting in the car and Prema Naidoo, a friend of mine who went through worse assaults, had the same thought, thinking if I managed to get hold of the steering wheel would I be able to kill all of us? So I arrived at Vereeniging and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		to rip the thing off my neck.
vulnerable bwas and I knew they hated me and I was suffering the consequences of isolation. So they took me off to Vereneeging and I was sitting in the car and Prema Naidoo, a friend of mine who went through worse assaults, had the same thought, thinking if I managed to get hold of the steering wheel would I be able to kill all of us? So I arrived at Vereeniging and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		I hat was the lowest moment in
vulnerable Lwas and I knew they hated me and I was suffering the consequences of isolation. So they took me off to Vereneeging and I was sitting in the car and Prema Naidoo, a friend of mine who went through worse assaults, had the same thought, thinking if I managed to get hold of the steering wheel would I be able to kill all of us? So I arrived at Vereeniging and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		in for and Library how
they hated me and I was suffering the consequences of isolation. So they took me off to Vereneeging and I was sitting in the car and Prema Naidoo, a friend of mine who want through worse assaults, had the same thought, thinking if I managed to get hold of the steering wheel would I be able to kill all of us? So I arrived at Vereeniging and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		
suffering the consequences of isolation. So they took me off to Vereneeging and I was sitting in the car and Prema Naidoo, a friend of mine who want through worse assaults, had the same thought, thinking if I managed to get hold of the steering wheel would I be able to kill all of us? So I arrived at Vereeniging and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		
isolation. So they took me off to Vereneeging and I was sitting in the car and Prema Naidoo, a friend of mine who went through worse assaults, had the same thought, thinking if I managed to get hold of the steering wheel would I be able to kill all of us? So I arrived at Vereeniging and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		
So they took me off to Vereneeging and I was sitting in the car and Prema Naidoo, a friend of mine who went through worse assaults, had the same thought, thinking if I managed to get hold of the steering wheel would I be able to kill all of us? So I arrived at Vereeniging and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		
Vereneeging and I was sitting in the car and Prema Naidoo, a friend of mine who went through worse assaults, had the same thought, thinking if I managed to get hold of the steering wheel would I be able to kill all of us? So I arrived at Vereeniging and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		
Vereneeging and I was sitting in the car and Prema Naidoo, a friend of mine who went through worse assaults, had the same thought, thinking if I managed to get hold of the steering wheel would I be able to kill all of us? So I arrived at Vereeniging and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		So they took me off to
the car and Prema Naidoo, a friend of mine who went through worse assaults, had the same thought, thinking if I managed to get hold of the steering wheel would I be able to kill all of us? So I arrived at Vereeniging and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		
through worse assaults, had the same thought, thinking if I managed to get hold of the steering wheel would I be able to kill all of us? So I arrived at Vereeniging and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		
same thought, thinking if I managed to get hold of the steering wheel would I be able to kill all of us? So I arrived at Vereeniging and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		
managed to get hold of the steering wheel would I be able to kill all of us? So I arrived at Vereeniging and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		through worse assaults, had the
steering wheel would I be able to kill all of us? So I arrived at Vereeniging and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		
to kill all of us? So I arrived at Vereeniging and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		
Vereeniging and I was walking in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		0
in I saw two pieces of glass on the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		
the grill and before they could even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		
even see it, I just took them and I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		
I covered them with my hand and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		
and I kept it and that was going to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		
to be my safety valve. I was joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		
joyous to discover these two pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		
pieces of glass. They then left me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		
me on my own and they said they were going to pick me up for interrogation the next morning. They left me with		
they were going to pick me up for interrogation the next morning. They left me with		
for interrogation the next morning. They left me with		
morning. They left me with		
some Omo and there were		
these filthy blankets covered in		
vomit so I thought let me just		vomit so I thought let me just

	1
clean these blankets and wash	
my hair. As I washed my hair	
something slid out of the	
shampoo container and it was	
one of these spare cartridges	
for ballpoint pens and in it was	
a note from David Webster who	
had started the Detainees'	
Parents Support Committee	
and he had been my supervisor. It was the first real	
contact that I had where I knew	
that anybody outside knew	
what was happening to me. He	
said, "Stay strong, we're	
demonstrating, we're creating a	
huge hullabaloo, there's major	
exposes coming up in the	
Sunday papers. We're thinking	
of you," and I just sat and cried.	
It was like God intervened. After	history
that there were moments where	IS*
the thought of suicide came and	0
I thought, if I put myself in a	1
bucket of water and I bring	
down the lead could I	0
electrocute myself but I think	
that was the turning point. It	<u>0</u>
was one of those moments that	
was just totally amazing.	is a
In Vereeniging I was kept	N O
awake, I was assaulted but I	
was never systematically	
tortured. Deprivation of sleep is	
a form of torture but I was never	B
kept manacled with my wrist to	
my ankle as friends of mine	
were. I think that I can really	
understand how people break	
in detention and I will never	
ever judge a single person who	
broke in detention or offered to	
give state evidence or whose	
life fell apart because I know	
how terrible the circumstances	
are. I think that people can be	
very harsh on people outside.	
Duth First tolling all as the st	
Ruth First talks about her	
attempt to commit suicide when	
she was in jail for ninety days	
and I think that it's important	
that people speak about it. Often with men, the notion is	
that you have to be strong, you	
that you have to be strong, you	l

	have to be trained so that you managed it all and you could see it through and I think it places an enormous burden on people.	
Were you physically assaulted from the outset or only after they realized that you had been leading them around the garden path?	Now and again they'd give you a <i>klap</i> and things like that. There was a period in which they were threatening me with electric shock. It was after about six weeks when they just decided that I was a hard nut. They wanted me to give them some dramatic revelation and I didn't have a dramatic revelation to give and that's when they started climbing into me. The assaults weren't long. I think I was far more fortunate than most people who came to John Vorster Square. I think that what probably protected me was that visit to the district surgeon who sent a report.	history
What was the food like?	It was better than prison food but it was endless beetroot, bits and pieces of meat. They made you sign a book for your food and that's how you could see who was in detention. That was very important, to know you had been in. I remember people complaining about how sweet the tea was; they'd put gallons of sugar in your tea. Huge mounds of bread. But you weren't really hungry.	hive A
How was John Vorster compared to other prisons?	The bad thing about John Vorster was that the bad things were happening here, the torture. It was a place of interrogation and assaults. You lived with that as a presence because you could hear stuff happening in the interrogation rooms. That was your reality, you were in fear of your life, you were in fear of being hurt, you were in fear of being raped, in	

	fear of all those things. But you learn to live in a cell; a cell is a cell is a cell. In Heidelberg it was a nicer cell and at least there was a little bit of sun but it was far worse because then I had being in solitary already for about four months and then it was the period when Neil died. From that point of view it wasn't living in terror anymore but it was dealing with yourself and having to manage everyday with virtually nothing. So John Vorster I think was the
What after-effects, physically or emotionally, do you think John Vorster made in your life?	<ul> <li>So dofin voister finitik was the place of the unknown and the place of evil. The others were more places of an ordeal more than the terror.</li> <li>I was sentenced to ten years after I stood trial and then I was on my own for another year because there weren't any other White women prisoners. On and off I was in solitary for nearly two years. So I had a lot of other things to deal with besides what was happening in John Vorster. So most of my recuperation probably took a number of years, when I was a prisoner.</li> </ul>
	I haven't had lasting effects of prison or detention. I think I'm far more of a social hermit than I ever was before. I have unexplained emotional moments when something can just get to me. I think what it did teach me was how institutions, particularly state institutions, can make monsters out of ordinary people. If you look at the Security Police, particular the ones who I believed had stepped over the line, for me it was the institutionalization of evil. When you look at Iraq now and you look at Guantanamo

	Bay, it doesn't evoke any kind of emotional turmoil but it turns in my stomach and it's like "Oh God, the bastards are at it again." It's a firsthand	
	knowledge and a firsthand experience of what those people must be going through. So you become less self righteous about good and evil because you understand that evil is a human construct. It's	
	constructed by people; it's constructed by institutions. Institutions like the Security Police, like the CIA. So you become less puritanical because good and evil are no longer abstract concepts.	
	I think that's helped me a lot in life to deal with big issues of what is right and what is wrong because it's made me less judgmental but absolutely much more familiar with what evil is. In a way all of us try and	history
	recover what we were as youth but I cannot be that person anymore. In a way I think I'm more measured and more insightful into these kinds of issues and I know that you can't just hate because it's evil,	chive
	you've got to get rid of the system because it's evil. So I H think that has matured me.	A
What do you think this building represents in terms of history?	It's probably the iconic institution in South Africa of the Apartheid years, of the years of torture, of the reign of the Security Police, of the reign of the mad forces. I think it really	
	does represent what was happening then. And, for me it will always be that. It can become just an ordinary police station but for me John Vorster will always be that place where	
	terrible, terrible things happened to be people. It should never be normalized to the extent that we forget what a place of hell it was for so many people. It should never be allowed. That's what John	

	Vorster means to me. That place of terror that will never go
	away.
END OF INTERVIEW	

